

LOUISIANA YOUTH ENHANCED SERVICES



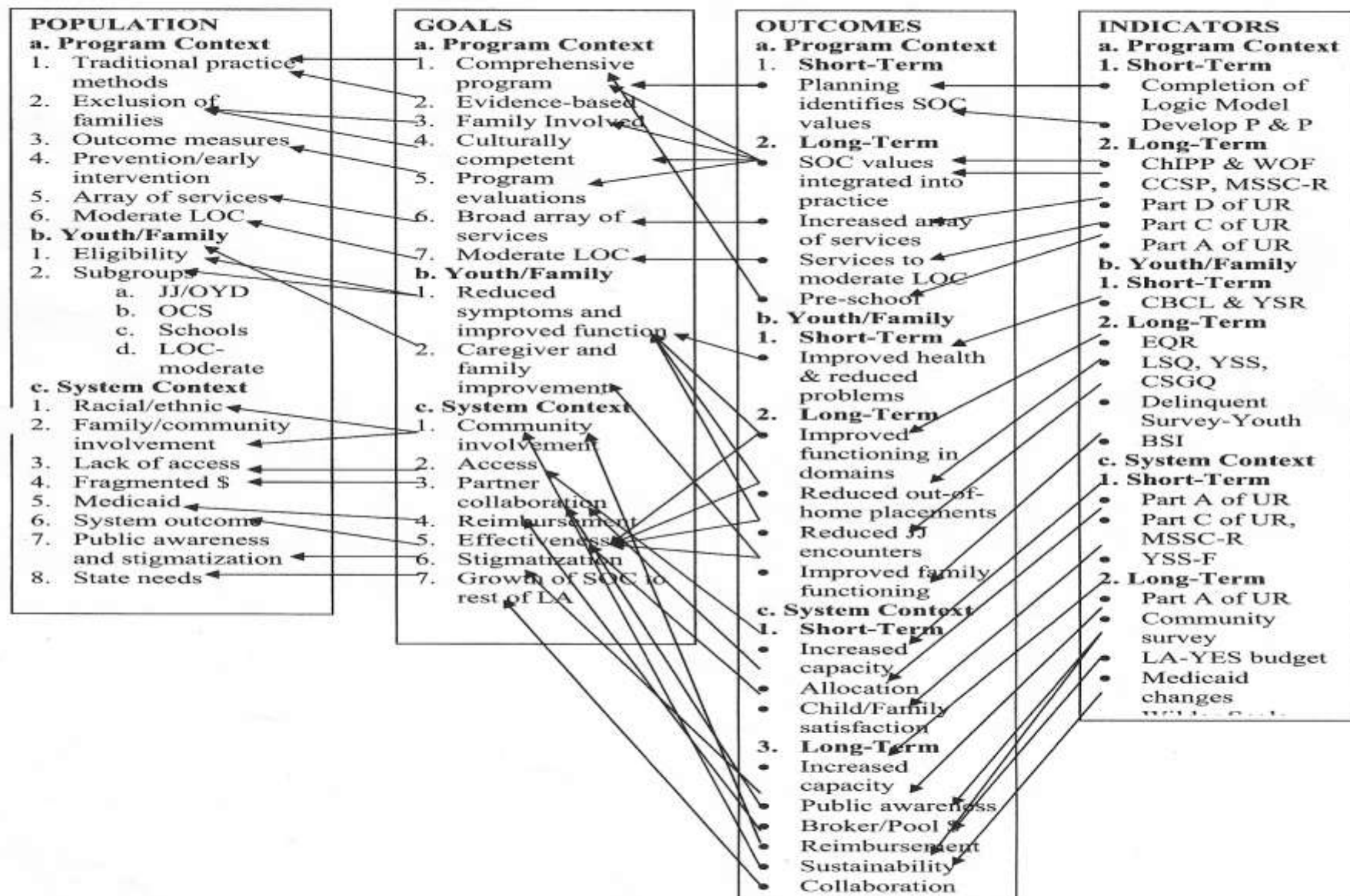
SAMHSA Site Visit
Opening Presentation
April 27, 2009

Agenda

- LA-Y.E.S. Logic Model
- Sustainability and Strategic Plan
- Program Overview and Highlights
- National Evaluation
- Questions

System of Care Logic Model





LA-Y.E.S. Logic Model			
Population Context	Guiding Principles	System of Care Strategy	Outcomes
<u>Practice Context</u> Few Licensed Providers In-House Care Management Few EBP Providers Inadequate Child & Family Data	Family Focused Individualized Least Restrictive Core Values Are Family Driven Culture Based Community Based	<u>Local Service Delivery Process</u> In-House Care Management Interagency Referrals Diagnostic Interview Assessment Individualized Service Plans Prior Authorizations Service Delivery	<u>Practice Outcomes</u> Increases in EBP's Increases in Licensed Providers Efficient & Effective Services Data Systems
<u>Child & Family Context</u> Devastation from Hurricanes Katrina, Gustav Few Affordable Housing Family Instability Poverty Single Parents – 53% Three School Systems	Accessible Interagency Coordination/Collaboration	<u>Child & Family Supports</u> Community Partners Local Agency Partners Community Ownership & Planning	<u>Child & Family Outcomes</u> Improved Clinical Outcomes Improved School Performance Reduced Juvenile Justice Reduced Caregiver Strain Improved Family Stability
<u>System Context</u> Frequent changes at multiple levels System Still Rebuilding Community Agencies Still Rebuilding Consortium Still Rebuilding Parish Counsels Just Forming Community Forum Beginning		<u>Local Infrastructure</u> <u>Development</u> Restructure ASO In House Care Management <u>MOU's</u> : Schools, Juvenile Justice, Child Welfare, Mental Health, Evaluation & QA Data Systems Social Marketing	<u>Systems Outcomes</u> Act 568 Interagency Agreements & MOUs 501 (c) 3 Medicaid License Mental Health Rehab Program Assessment Clinic Training Institute

Program Overview and Highlights

**Strategic and
Sustainability Planning**



LA*Y.E.S.

LA-YES Goals Have Not Changed

- Incorporate culturally competent practices in serving children, young adults and their families from racial and ethnic populations represented in each funded community.
- Involve the community, including the target population and their families, in all levels of the system including planning, governance, program development and service delivery.
- Generalize evidence-based practices to the target area and target populations.

LA-YES Goals

- Early intervention and prevention of emotional and behavioral problems.
- Evaluate effectiveness of the system of care and its component services.
- Facilitate the provision of a broad array of mental health and other related services, treatments, and supports.
- Increase awareness in the geographic target area that mental illness does affect children and youth and decrease the stigma and socio-cultural barriers associated with mental illness.

Sustainability Strategic Plan

- Medicaid Physicians' Group Provider
- LA-Y.E.S. Training Institute
- Act 568 provides for the consortium to seek, accept and expend funds
- 501c3 Status
- Mental Health Rehabilitation (MHR) Provider
- Multi-Systemic Therapy (MST) Provider
- Assessment Clinic
- Five LA-Y.E.S. Parish Councils
- Office of Juvenile Justice

Program Overview and Highlights

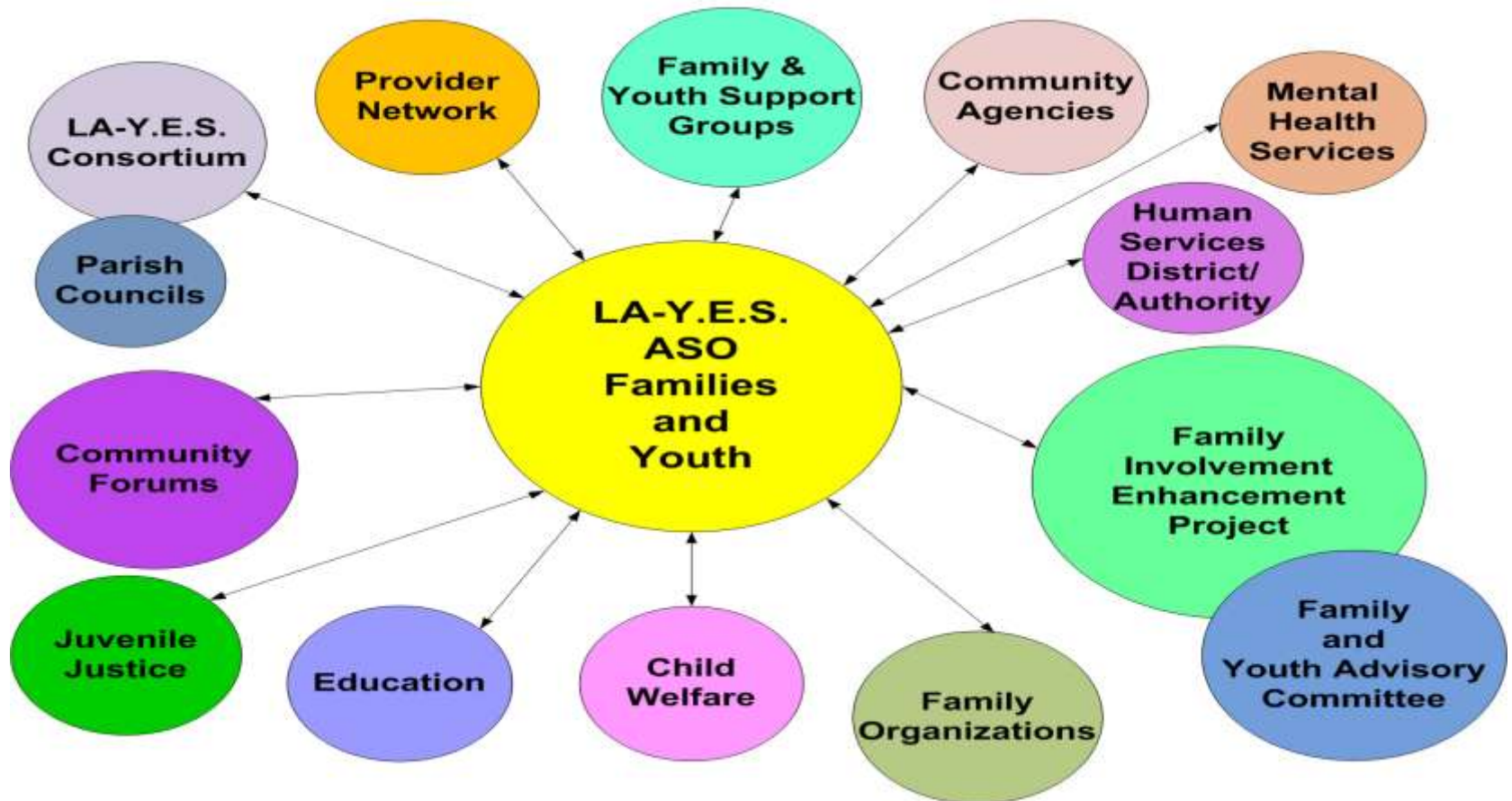
System of Care Structure



LOUISIANA YOUTH ENHANCED SERVICES Program History

- **In 1998** the Louisiana Office of Mental Health (OMH) formed a collaborative with interested stakeholders in five (5) parishes in the New Orleans metropolitan area to obtain funding from the Substance Abuse and Mental Health Services Administration (SAMHSA) for a System of Care through a Cooperative Agreement.
 - **October 1, 2003** - Louisiana OMH receives funding to implement the Children's Mental Health Initiative.
 - **Summer 2004** - Senate Bill 193 (Act 28) signed into law legally creating the Children's Mental Health Initiative.
 - **Summer 2008** – Senate Bill 786 (Act 568) signed into law to provide the membership of the consortium to seek, accept and expend any private or public funds from any source.

LA-Y.E.S. Environment



LA-Y.E.S. Consortium

- Acts 28 and 568 provides for membership of the Consortium
 - Family membership must be 51% at all times
 - Public and private agency memberships
 - Allows the Consortium to seek, receive, and expend funds
 - Allows a representative of the Consortium to serve on the youth planning boards in the five parishes
- Parish Councils
 - Responsible for assisting in the planning duties of the Consortium and the implementation of the Cooperative Agreement in the five parishes

Interagency Partnerships

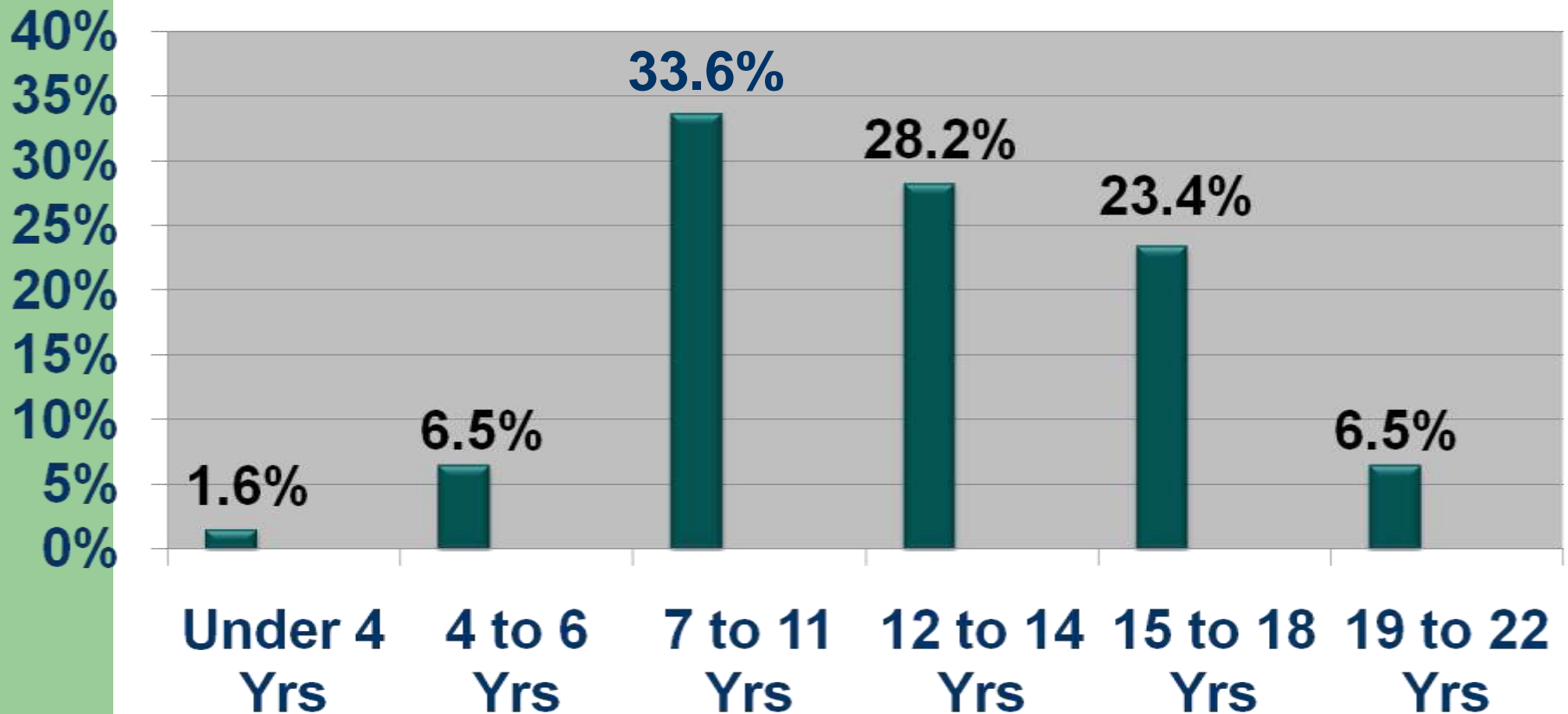
- Public and private interagency partnerships expanded through MOUs
 - Family and Youth organizations
 - Child serving agencies
 - Universities
 - Local school systems
 - Advocacy agencies
 - Social and support service agencies

Program Overview and Highlights

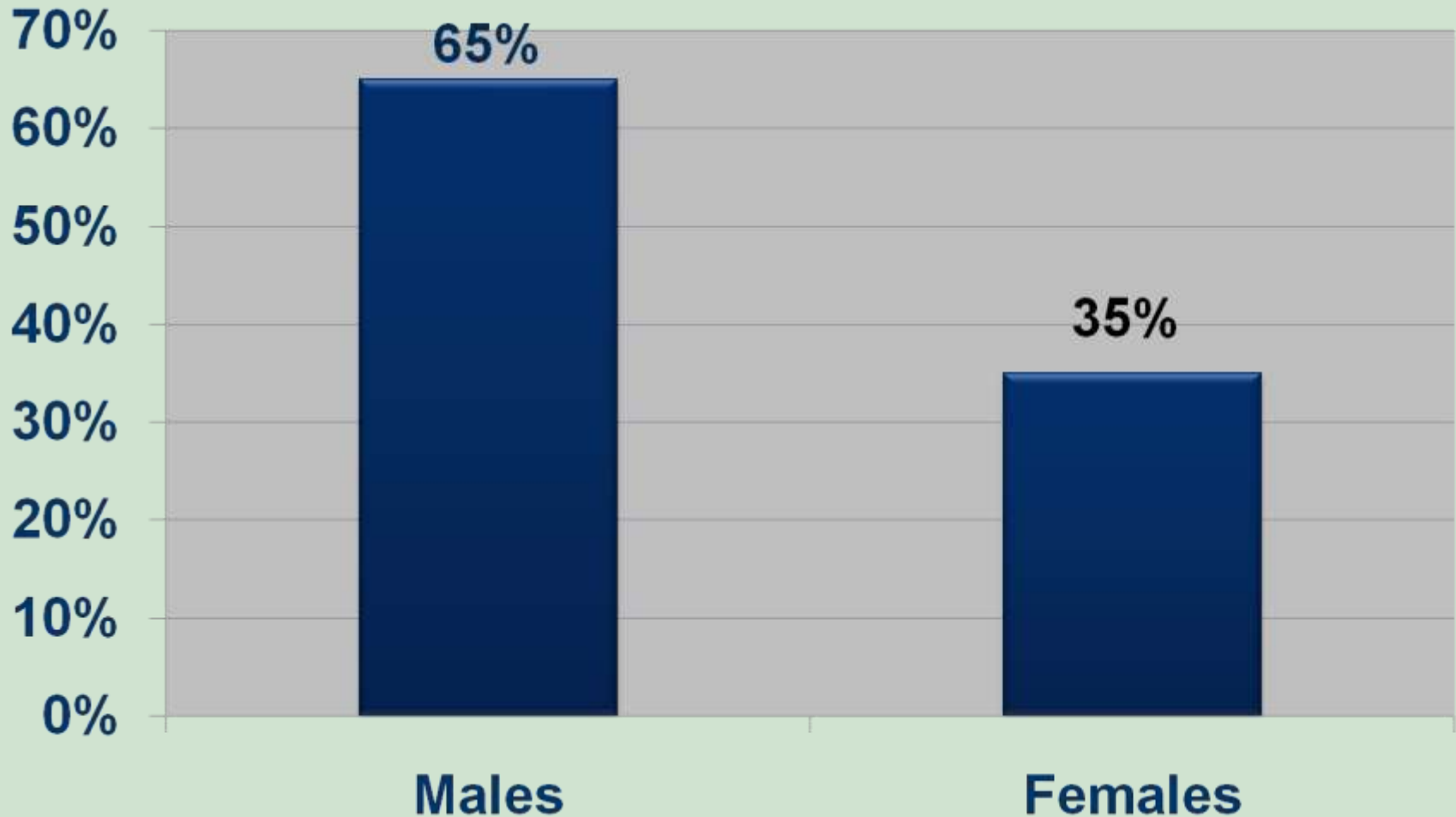
Population of Focus



Target Population Age

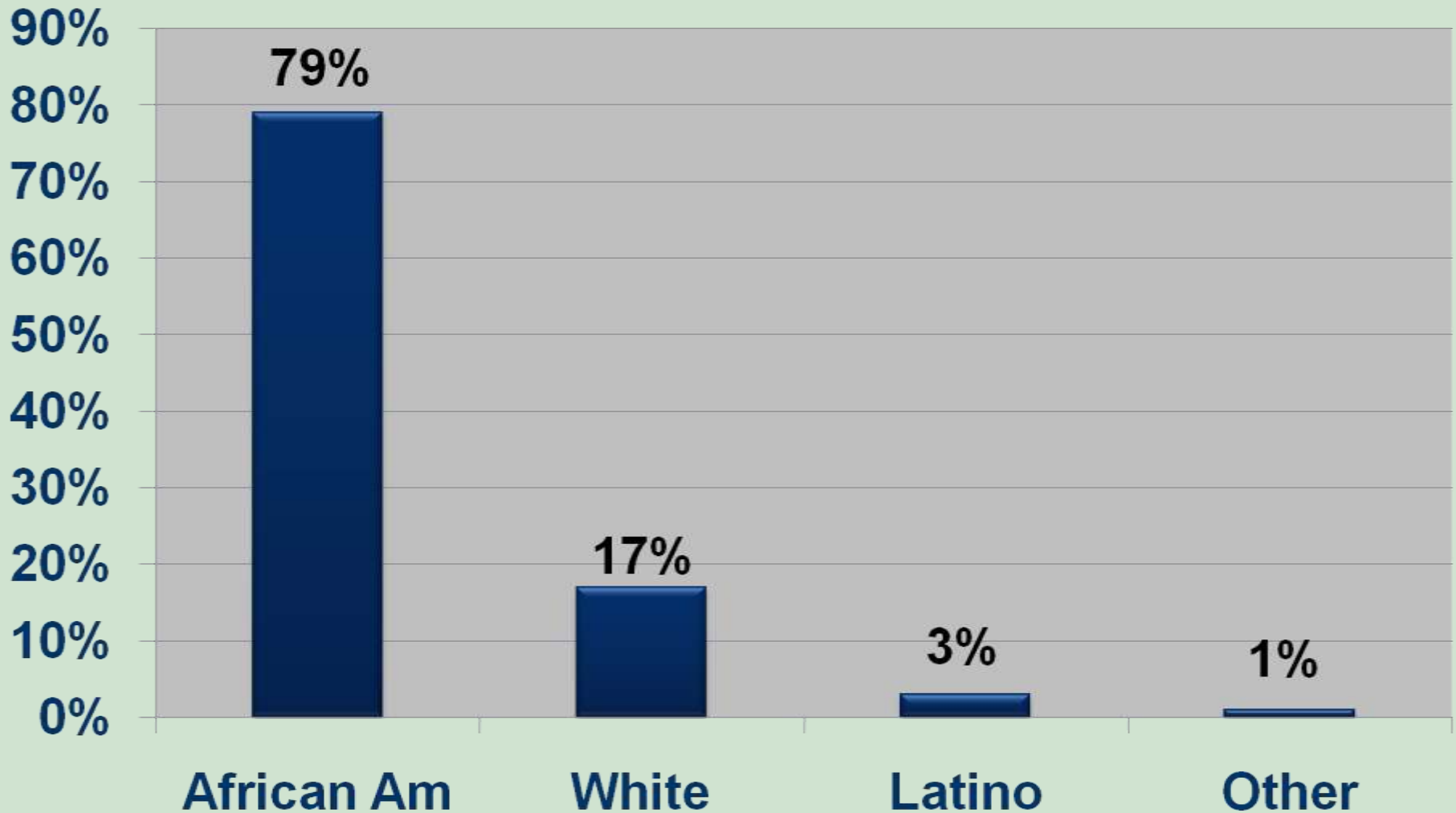


Target Population Gender



Target Population

Race and Ethnicity



Program Overview and Highlights

New Initiatives



In-House Care Management Initiative

- October 2007 - Care management service delivery brought in-house
- Follows LA-Y.E.S. System of Care Model
 - Focus on family and community
 - Cultural and linguistic competence
 - Wraparound services

Family Involvement Enhancement Project

- Family Involvement Enhancement Project (FIEP)
 - Collaborative Initiative with the Louisiana Federation of Families for Children's Mental Health (LAFOFCMH) and the Louisiana Children's Museum (Funded in 2007-2008)
 - Family workshops
 - Family training sessions with LAFOFCMH; Child training sessions with child psychologist

FIEP	Families	Adult	Youth
Goal	60		
Total Participants	104	107	226

Community Forums to Advance Children's Services

- The mission of the community forum is to develop, plan and implement strategies through collaborative and creative programming and funding efforts.
- The primary work will focus on:
 - Developing consensus about and prioritizing service gaps among the five parishes
 - Serving as the research and evaluation entity of the LA-Y.E.S. Consortium
 - Developing, planning and implementing fiscal strategies to address identified service needs and identify public and private funding sources

School-Based Initiative (SBI)

- Partnership with schools
 - Einstein Charter School
 - Samuel J. Green Charter School
 - Medard H. Nelson Charter School
 - Bissonet School
 - UNO Charter School
 - Enrollment: 50 Youth

School-Based Initiative Services

- Care management services focusing on:
 - System of Care
 - Wraparound Services
 - Cultural Competency
- Partnership with LSU Occupational Therapy program to provide social skills training and support services
- Individual and group therapy, and anger management training by licensed mental health professionals
- Early interventions for identified students
- Intensive services for high need students

Program Overview and Highlights

System of Care Services and Supports

LA★YES.

Clinical Care Management Process

- Referral, Assessment and Enrollment
- Individualized Service Planning
- Organize, coordinate and monitor wraparound services
- Support and advocate for families
- Discharge planning

Number of Admissions by Fiscal Year

- 2004-2005 91
- 2005-2006 54
- 2006-2007 79
- 2007-2008 227
- 2008-to date 27
- Total 487

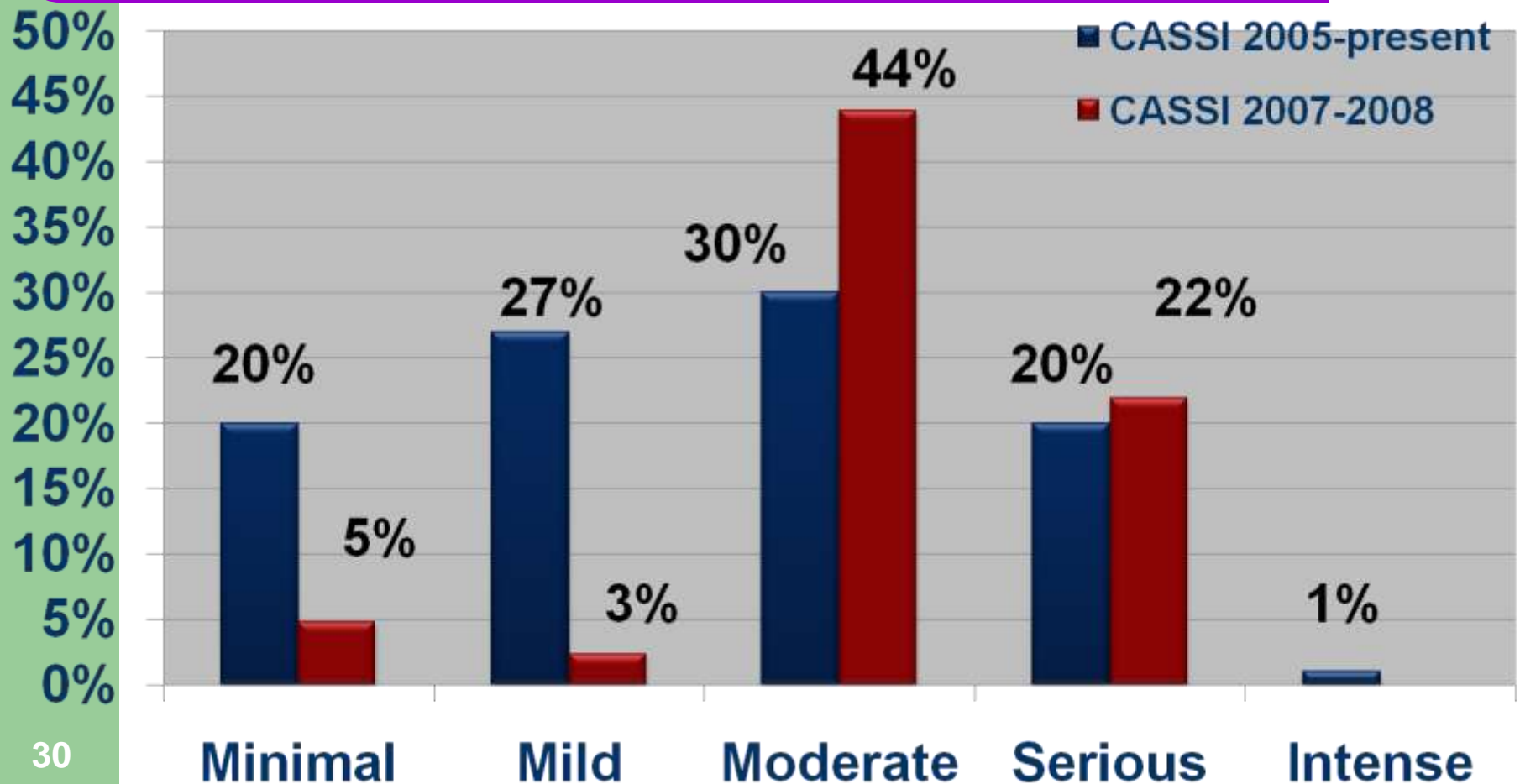
Referral Sources since 2005

Agency/Organization	Percentage of Total Referrals
Juvenile Justice/Family Court	6.2%
School	53.7%
Mental Health	12.9%
Health	1.4%
Child Welfare	6.9%
Self Referral	16.3%

Problems Leading to Referral

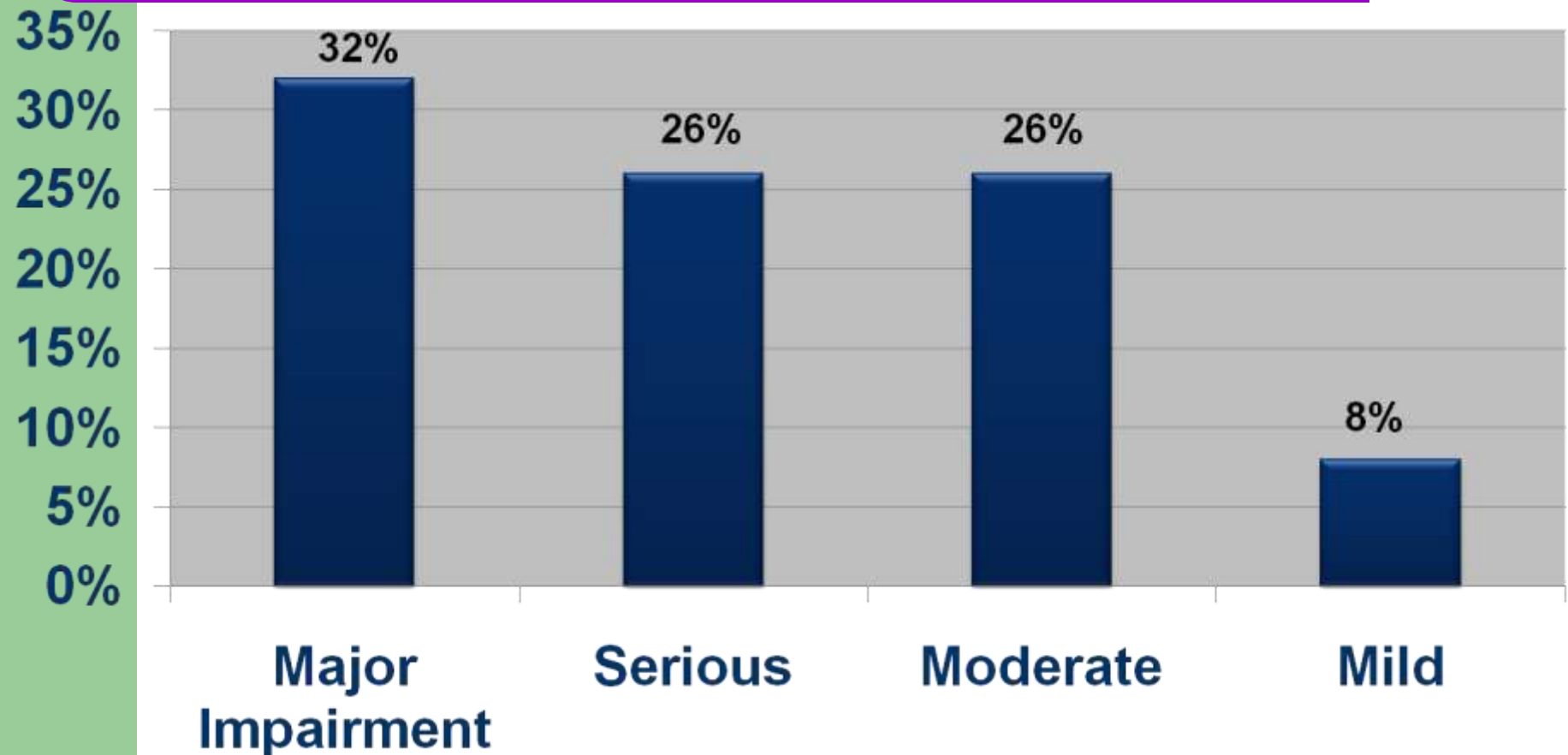
Conduct/Delinq.	66%	<u>Less than 7%</u>
Adjustment Disorder	42%	● Substance Abuse
Hyperactive/ADD	38%	● Psychotic
Learning	37%	● Pervasive Developmental
Depression	35%	Disabilities
Anxiety	28%	● Eating Disorders
Other	14%	

Target Population Level of Need - CASSI Level



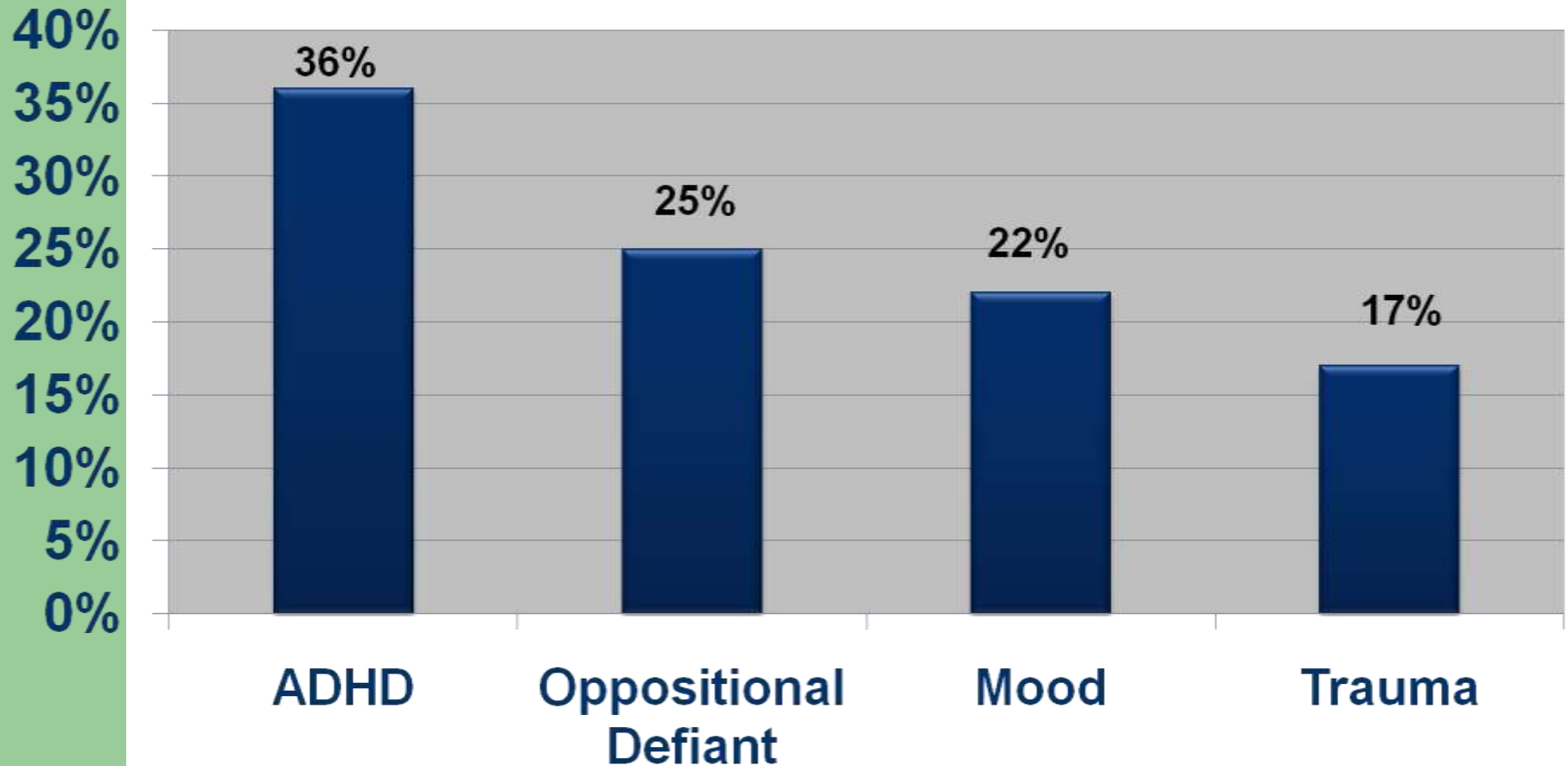
Target Population

Functioning Levels (GAF) SINCE 2005



Target Population Diagnosis

SINCE 2005



Traditional and Non-Traditional Services for Youth and Families

- Individual and group therapy by licensed providers
- Participate as advocates in ISPs, IEPs, ISCs
- Functional family therapy (FST)
- Multi-systemic therapy (MST)
- Tutoring
- Mentoring
- Recreation
- Emergency financial services

Program Overview and Highlights

Family and Youth Involvement



Family Involvement Goals Implemented

- Parent Support Groups
- Parent Trainings
- Development of ISPs
- Participation in governance through Consortium, Parish Councils and Community Forums
- Participation in FIEP
- Participation in surveys and evaluation

Partnering with Family Organizations

- Working with Louisiana Federation of Families for Children's Mental Health (LAFOFCMH) to provide Parent Training in the FIEP and Mentoring Programs for Youth
- Working with Families Helping Families
- Training for families
 - National Alliance on Mental Illness (NAMI)
 - Extra Mile
 - Louisiana Youth Suicide Prevention Task Force

Family and Youth Involvement in System Management & Evaluation

- Youth ideas and interests are shared with the Youth Coordinator to present to the ASO and Consortium
- Information is discussed with the youth
- Participation in Evaluation Team interviews and resulting data is used by LA-Y.E.S. for planning
- Youth present information at LA-Y.E.S. meetings and conferences
- Youth identified to serve on LA-Y.E.S. interview team

Family and Youth Involvement in System Management & Evaluation

- Families and Youth direct the use of flexible funds
- Families and Youth are involved in ISP updates a minimum of every six months
- Families and Youth contribute to accountability efforts by verifying receipt of treatment and support services
- Families and Youth direct the development of traditional and non-traditional services needed

Youth Group

- Structured youth activities that build the participants' self-confidence, self-esteem and individual talents
 - Peer Relations
 - Behavior Management
 - Anger Management Issues
 - Social Skills (hygiene, money management, time management, bullying, friendships and associations)
 - Leadership Skills
- Advocate authentic youth involvement in the System of Care, emphasizing the importance of the “youth voice”

Program Overview and Highlights

Cultural and Linguistic Competence



Cultural and Linguistic Competence

- Strengths
 - Cultural competence training to help people suffering through disaster and trauma environments
 - Cultural conversations in weekly Leadership Team and monthly general staff meetings
 - Cultural competence plan used as a guide for planning meetings, activities, etc. to ensure that everything that occurs is inclusive of family members, youth (if possible) and providers

Cultural and Linguistic Competence

- Strengths
 - Provide transportation for families throughout the five parishes to all LA-Y.E.S. events
 - Provide families with new options and help them close old non-viable ones since hurricanes
 - Empower families to navigate the systems available for them to assist in their recovery

Cultural and Linguistic Competence

- Challenges

- All parties are still recovering from hurricanes, and attendance at meetings, etc. is not consistently as high as before
- Families have fewer accessible resources; and agencies' finances, staff and services have generally decreased
- Lack of enough evidence-based therapeutic services
- Lack of recreational/community activities in all five parishes
- Life stressors/grief and loss issues impact families

Program Overview and Highlights

**Public Education,
Social Marketing &
Training**



Social Marketing Plan

- A social marketing plan was developed to incorporate media, grassroots activities, and training activities with technical assistance from the National Communications Campaign
- Surveys and focus groups were conducted with families and results were used to develop the plan.
- Information has been updated through the Social Marketing Committee and the Community Forums

Key Target Audiences

- Families of youth with serious emotional disturbances living in Jefferson, Orleans, St. Bernard, St. Tammany, and Plaquemines parishes.
- Grassroots organizations
- Child-serving Agencies
- Community Stakeholders
- Faith-based communities
- Providers

Social Marketing Initiatives

- Children's Mental Health Plan
- Newsletter, Brochures and Flyers
 - Fact sheets available in English and Spanish
 - Press Releases and Flyers
 - Information Packets
- Events
 - Children's Mental Health Week
 - Family Involvement Enhancement Project (FIEP)
- LA-YES.ORG Website

Training

- The following trainings and seminars were conducted:
 - System of Care 101
 - Coping with Grief and Loss
 - Children's Mental Health and Legal Ethics
 - Evidence Based Practices in Mental Health
 - Trauma-Informed Practice in Children's Mental Health
 - Effective Communication with Families
 - Cultural and Linguistic Competence
- Total Participants: 2007-2009 Approximately 203

Program Overview and Highlights

National Evaluation



Post-Katrina Weekly Reporting

Case Status	2007	2009
Admissions	102	387
Discharged	46	212
National Evaluation	61	190

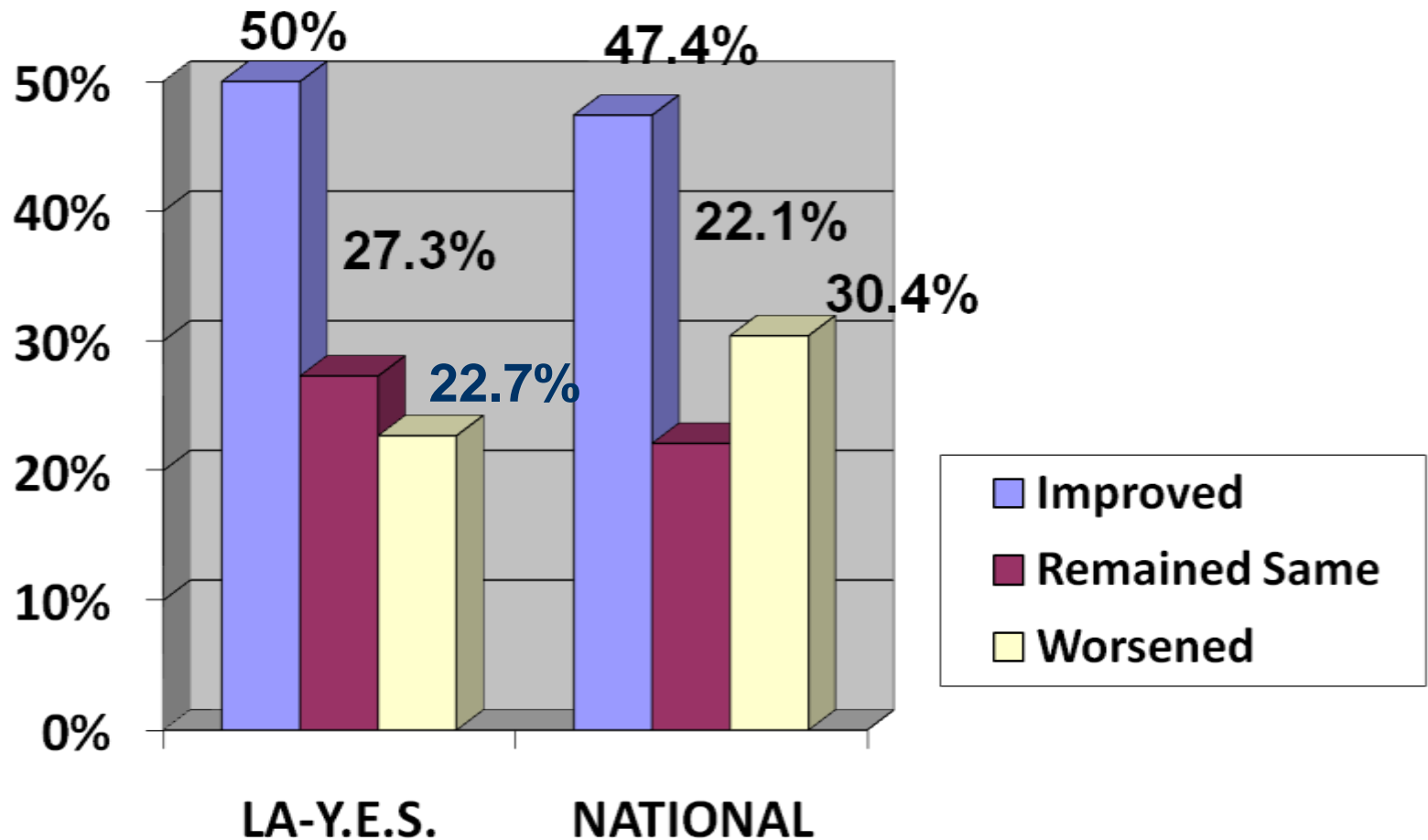
Child Behavior Check List (CBCL)

Behavioral Area	Baseline	6 Month Follow Up
Competencies	Borderline 31.25	Normal 36.04
Problems	Clinical 65.05	Borderline 62.08
Total Internalizing	Borderline 61.65	Borderline 60.52
Total Externalizing	Clinical Level 64.68	Borderline 63.14

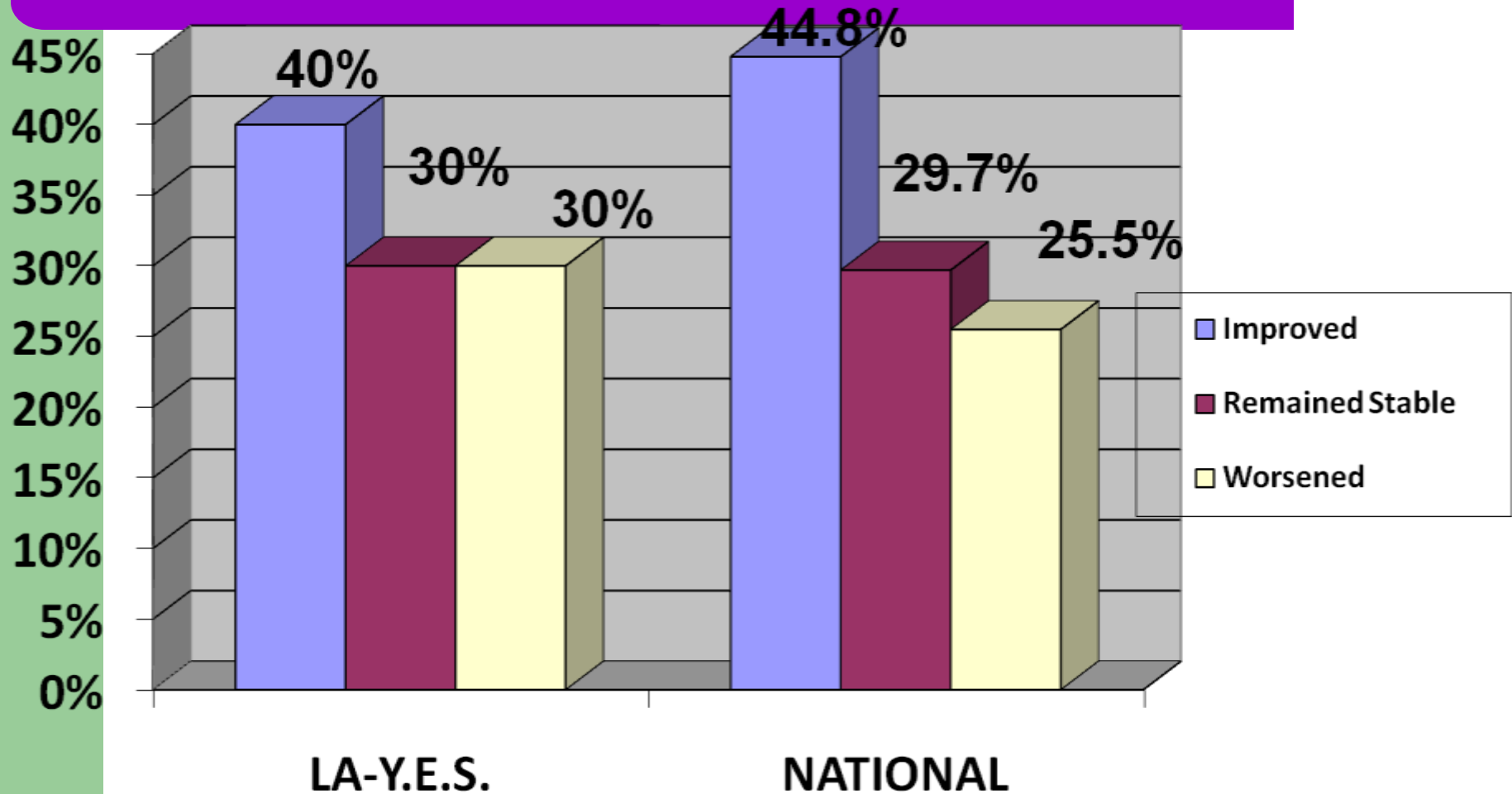
Other Clinical Data

Scale	Baseline	6 Month Follow-Up
BERS (Behavioral & Emotional Rating)	Normal Range 50	Normal Range 45
RADS (Depression)	Normal Range 52	Normal Range 49
RCMAS (Anxiety)	Normal Range 54	Normal Range 50

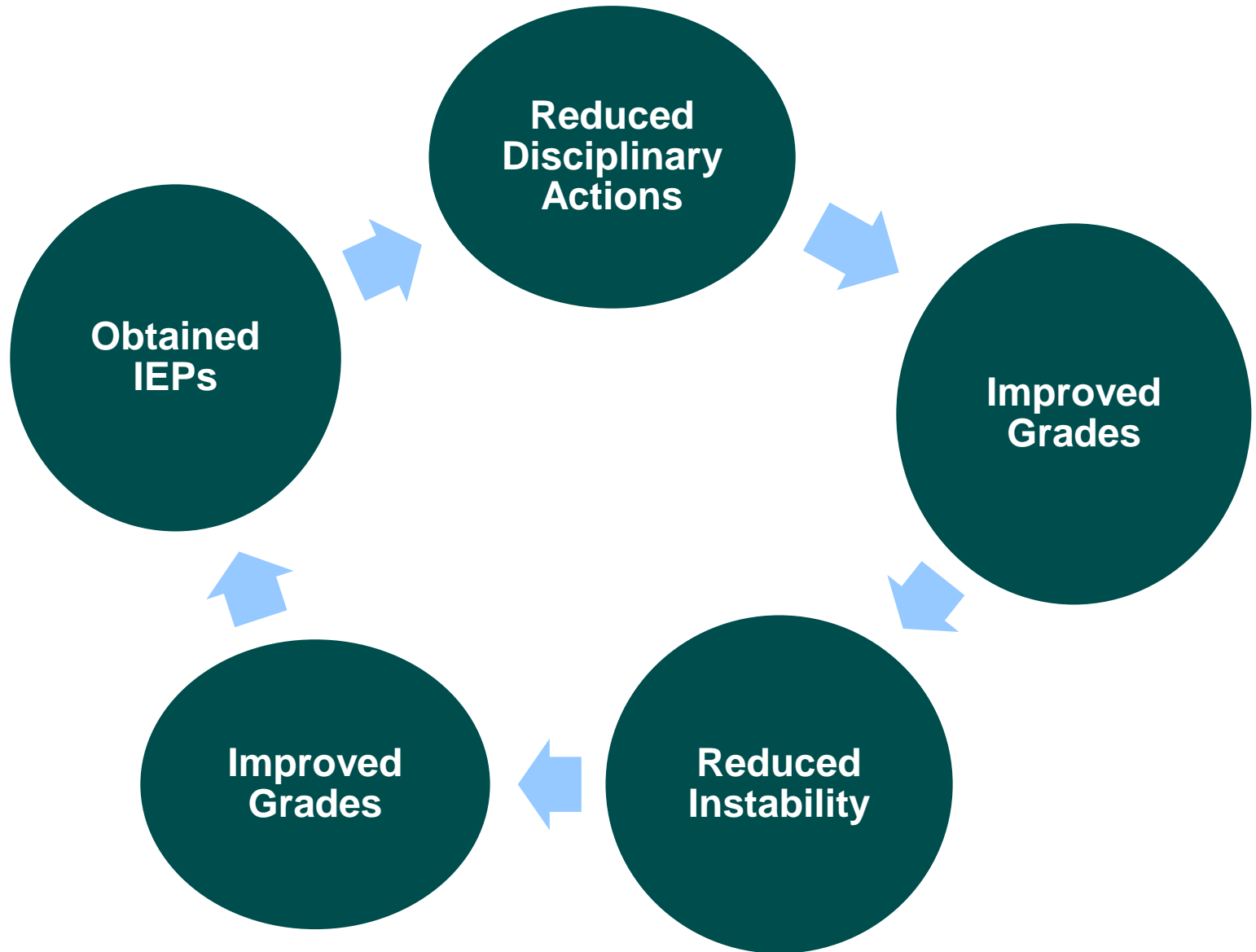
Improvements in School Attendance



Changes In School Performance



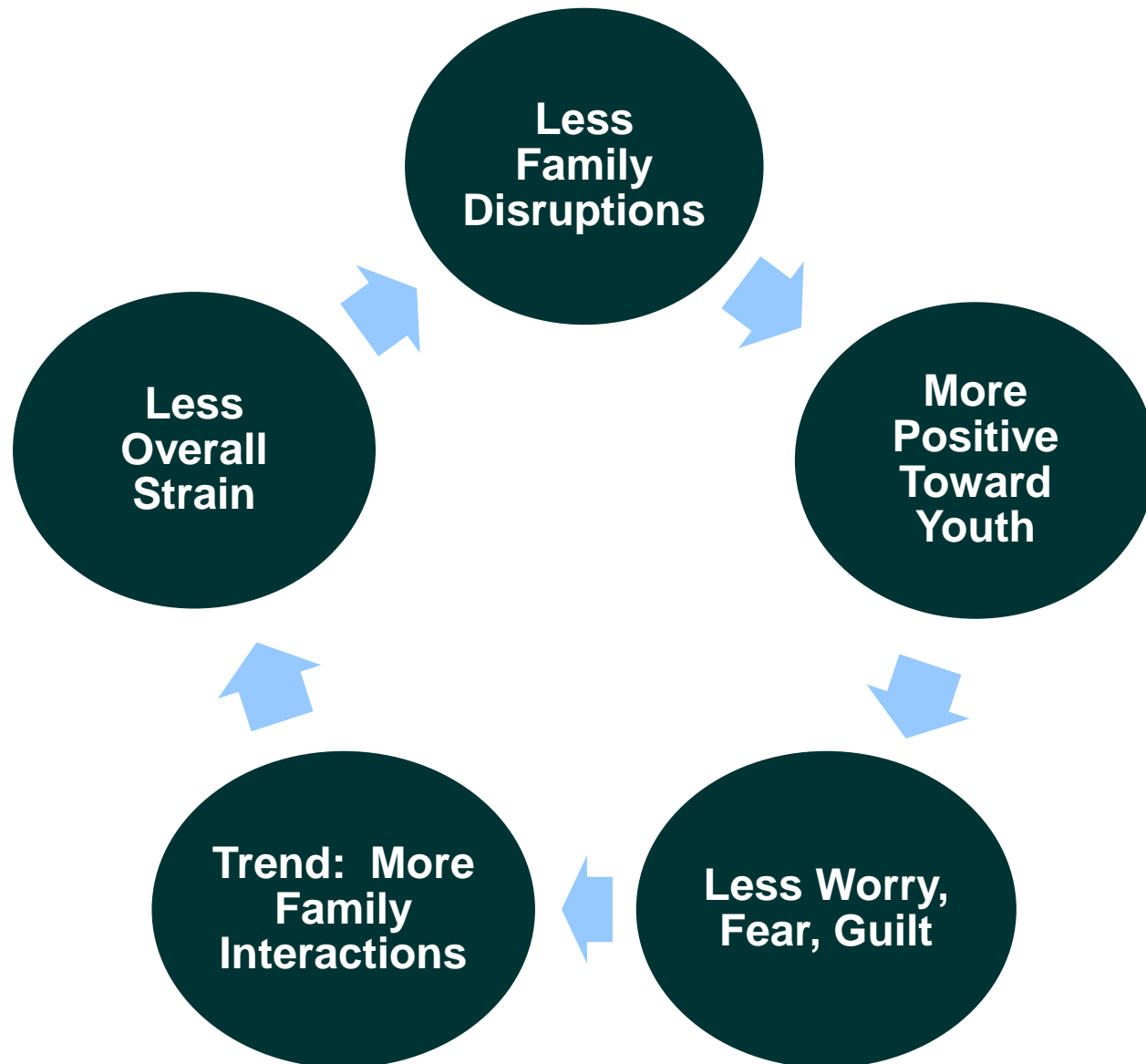
Improved School Performance



Reductions in Delinquency



Reductions in Care Giver Strain

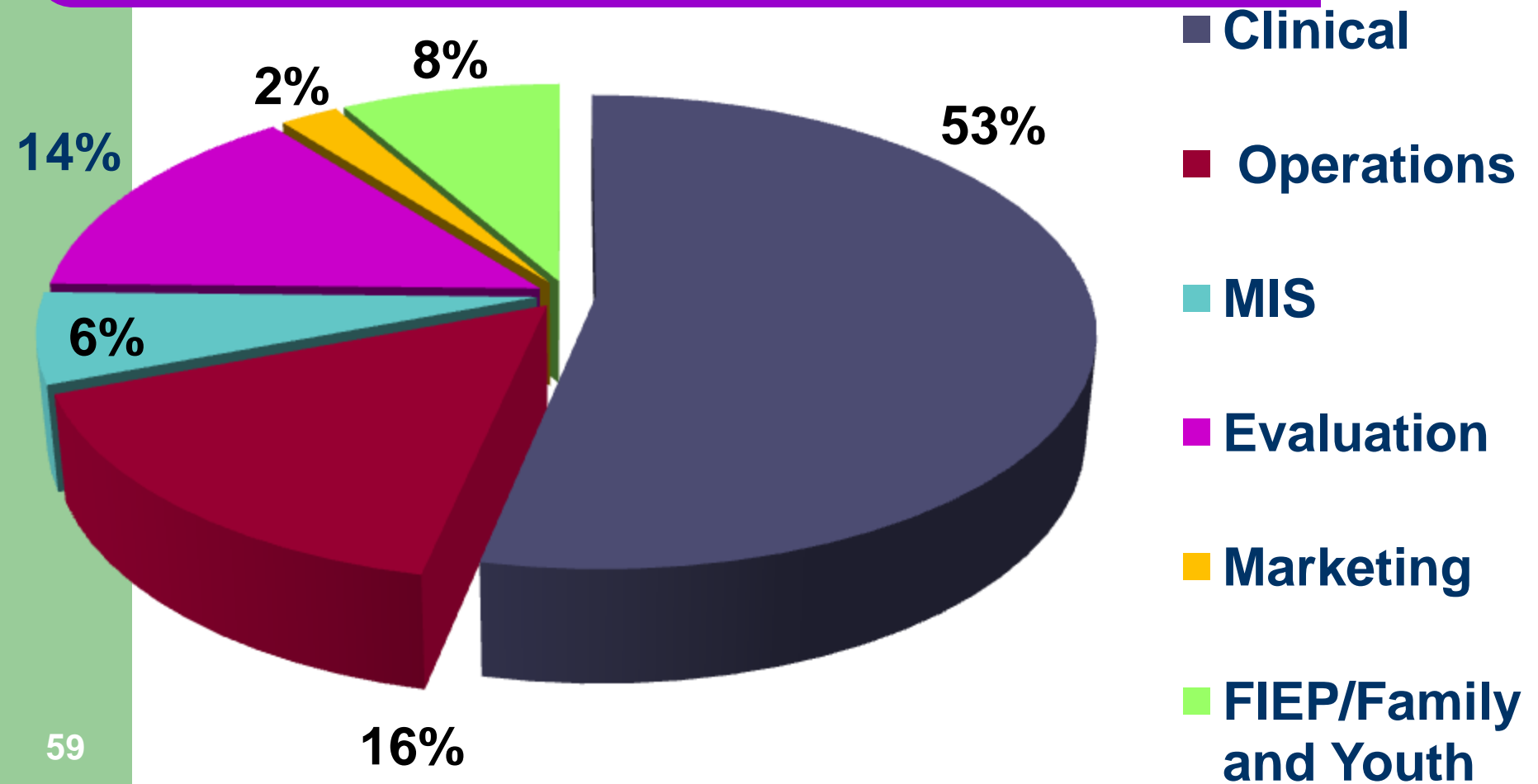


Program Overview and Highlights

Fiscal Management



Fiscal Management 2007 through 2009



Questions



LA★Y.E.S.